

## ABSTRACT OF THE INVENTION

The current invention provides improved methods and compositions for completing a well bore. In one aspect, the current invention provides a process for preparing a foamed well composition. The process utilizes air to foam the composition after the air has been treated to lower the oxygen content below that concentration necessary to support combustion. Additionally, the current invention provides a process for completing and/or treating a well bore using a foamed composition wherein the foam is generated with reduced oxygen content air. Finally, a preferred embodiment of the invention provides a foamed cement composition wherein the gaseous portion of the composition is air having a reduced oxygen content.